Directions are similar to square knot:

1. Right over left. (Start with first half of square knot.)
2. Left over right. Again, left over right.
   (Second half of square knot - wrap once, then wrap a second time.)
3. Makes the knot really sturdy, tidy, and tight. Slowly pull tight!

This knot is less likely to untie than a square knot, which typically unties with use.