

PREEMIE QUILT DIRECTIONS

We give tiny quilts to the Neonatal Intensive Care Unit (NICU) at Holy Cross Hospital. They are laid on top of the isolette to “dress it up.” The quilt will go home with the baby.

Size: 12” x 12” is the minimum size, but larger is fine

Fabric: all cotton, backing can be flannel or fleece

Batting: None-just a front and a back.

Assembly: Sew the front and back together (envelope style), right sides together. Leave a gap to turn it inside out and topstitch around the edge. Quilt as much or as little as you want, just enough to stabilize it.

Knitted or crocheted is fine. Do not put a backing on knit or crocheted coverlets.

NICU population is between 100 and 120 babies each month. They stay a few days to several weeks. This is the biggest unit in the state. With a few exceptions, all these babies are born at Holy Cross.