

## **QUILTS FOR BABIES, CHILDREN AND ADULTS**

These quilts are 36" x 36" up to lap and twin size. Use 1/4" seam allowance for all piecing. If using applique, please stitch the pieces down, either by hand or machine. Do not embellish the quilt with buttons, beads or anything else when making quilts for babies and children, since these can be a choking hazard.

You can either machine quilt or tie the quilt. If you tie it, use crochet cotton. Do not use yarn. Tie the knots with a surgeon's knot ([click for directions](#)) no more than a palm width apart in all directions. The knots should be tight but not so tight that it gathers up the quilt. Trim the end to 3/4" to 1".

For binding, cut fabric in 2 1/2" strips. Fold in half to 1 1/4" width and press. Trim backing and batting with edge of quilt. Sew strip to back of quilt on machine using a 1/4" to 1/2" seam allowance. Flip to front and sew with machine through all layers. The binding must be attached by machine, since these quilts will be washed and machine-dried often.